

nc  pg

Parent Times

December 2014

IN THIS ISSUE

- 2 Learning Math
- 6 Valley Holiday Activities
- 9 Mom to Meet
- 10 Events Calendar
- 11 New Arrivals
- 12 Member Faire
- 15 Local Snow
- 16 Member Poll Results

north central parenting group

GYMBOREE

Growing young minds around the world.



Play & Learn

(Ages 0-5 yrs.)

Nurture confidence, curiosity and physical skills through play-based activities.



Music

(Ages 6 mos.-5 yrs.)

Explore music through play, activity and song.



Family

(Ages 6 mos.-5 yrs.)

Bring all your children to the same class to play and learn together as a family!

gymboreeclasses.com



ncpg

north central parenting group

President's Corner

Dear Members,

Can you believe we are almost to a new year? This holiday season has flown by for me. And, a new year means our kids are getting older. It goes by so fast!

This is such a fun time of year, but also a time of reflection on the past and looking ahead.

I thank you all for your time and commitment to NCPG in 2014 and hope that you will continue to carve out the time to take advantage of all NCPG has to offer in 2015.

Most importantly, I hope you and your family have a safe, fun, and exciting holiday season and a very happy new year!

Looking forward to seeing you all on
January 7th as we kick off 2015!

Happy Holidays & New Year!

Molly Livak

NCPG 2014-2015 Board of Directors

President Molly Livak

Vice President Sarah Frey

Treasurer Anna Petermann

Assistant Treasurer Caroline Keating

Fundraising Co-Directors

Sarah Wolfswinkel, Sara Snyder and
Stephanie Binch

Membership Co-Directors

Stacey Brown and Brittany Moran

Education Co-Directors

Shaly Vassigh, Amy Forsythe and
Joey Ghelfi

Nursery Director Jennifer Nelson

Sitter Director Laura Golding

Communications Co-Directors

Carlie Garcia and Kelly Vasbinder

Special Events Co-Directors

Kelly Ellison and Megan Livengood

Social Co-Directors

Mary Butterfield and Ayuna Tachenko

NCPG is a non-profit, non-denominational
organization providing classes to parents of
infant to kindergarten age children.

www.ncpgaz.org



Like us on Facebook: NCPGAZ

Parent Times

Members, this monthly newsletter is for your benefit, so we want to ensure our team is publishing content that is valuable, useful, informative, and fun! Please let us know if you have suggestions, comments, concerns, or any input that would help us to improve this publication. Shoot us an email at communications@ncpgaz.org. Thanks for your help!

Editor – Kelly Vasbinder

Designer – Neill Fox, www.foxnoggin.com

On the Cover

Lillian Petermann enjoys the snow!



Learning Math: Hands On is Right On!

by Tom Fassler, Head of Lower School, All Saints Episcopal Day School

What should a good, developmentally appropriate classroom look like for your child's first school experience? If the program is truly designed for the early childhood learner, it will look like more play than work. It seems counterintuitive at a time when common core standards are emphasized and student success is measured by standardized testing. Yet at All Saints' and many other high achieving schools, we have found that an active learning environment builds the best and strongest foundation for future success.

At All Saints', we implemented a new methodology in teaching mathematics two years ago, the Singapore Math approach, highlighting problem solving as the focus of mathematical learning. Concepts are taught using a concrete–pictorial–abstract learning progression to anchor learning in real-world, hands-on experiences. Instead of trying to picture a problem in their heads, then writing out the equation to solve it, students in Singapore Math diagram the elements of the word problem and use model drawing to solve it.

As early as kindergarten, students develop number sense and one-to-one correspondence which builds a strong foundation for future years. Students enjoy practice and experience with hands-on materials before moving to symbol and pictorial representations. Skills that have been important in the past at the kindergarten level and will continue to be important include one-to-one correspondence, sequence, number sense, patterns,

conservation of numbers, and composing and decomposing numbers.

Teachers of students in first grade value Singapore Math for the many skills it offers including calendar skills, quick mental calculations, and telling time. Students develop a deep understanding of concepts through study of place value and extensive use of number bonds. Though new math routines and procedures can be challenging at times, the high level of confidence that comes with success makes it well worth it.

In second grade, teachers like the "I do, we do, you do" aspect of the program. Instruction has moved away from teaching single algorithms and students better understand the how and why of math. An important aspect of the Singapore approach is use of bar models to solve complex problems. It can help students visualize abstract concepts as they move toward creating pictorial representations in problem solving. Students have moved beyond performing rote calculations to being true mathematical thinkers.

Students in third and fourth grades continue to enjoy practice with manipulative materials before transitioning to the abstract. They also enjoy doing math activities on the iPad and online. Problems offered relate to real world experience making the practice relevant and fun. Students are often seen drawing out visual representations and bar models to



successfully solve the problem. They grow to appreciate the variety of strategies that can be used to solve problems, often sharing ideas and discussing algorithms that may be different from their own.

Students at all grade levels find the Singapore methodology to be a fun and enjoyable way to learn math. Parents are understandably wary of the new methodology and wonder if it isn't too much fun and games, especially in the early years. The Singapore Math method is not how most parents in the United States were taught in school, but that doesn't mean parents need to resist it. When students learn a new way, allow them to demonstrate and teach you what they know. Allowing abundant time to experience mathematics through the use of manipulative materials and real world problems is not only hands on in the elementary years, but right on.



COME DANCE WITH US!

Offering classes for all ages:

- Tap
- Ballet
- Jazz
- Hip Hop
- Tumble Tots
- Mommy & Me
- And More!

BRICKS



4550 E. Indian School Rd. Phoenix, AZ
602-954-5200 • www.bricksstudio.com

BASED IN NORTH PHOENIX
SERVING PHOENIX & BEYOND

Keri Meyers
PHOTOGRAPHY

AWARD WINNING
CELEBRITY PHOTOGRAPHER

Specializing in Maternity, Newborn, Child & Family Portraits
WWW.KERIMEYERSPHOTOGRAPHY.COM | 425.419.3999 | INFO@KERIMEYERSPHOTOGRAPHY.COM



Help NCPG with Some Smiles!

Calling all Photographers!

Do you like taking pictures?
Do you have a camera of your own?

Then, please consider volunteering as an **"NCPG Photographer!"** We would love your help capturing memories at the occasional meeting, playdate, event and Moms Night Out!



Please contact: communications@ncpgaz.org

Thank you!

NCPG is now on Amazon Smile!



This is a simple and automatic way for us to support NCPG every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to us.

You use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, or baby registry, and other account settings are also the same.

On your first visit to AmazonSmile, you need to select North Central Parenting Group as your charitable organization to receive donations from eligible purchases before you begin shopping. Amazon Smile will remember your selection, and then every eligible purchase you make will result in a donation.

Please let all your friends and family members know about it too!

Love NCPG? Get Involved!

Our board of directors can always use more help! We are currently looking for members, with or without experience, to join the following committees:

• FUNDRAISING • PUBLIC RELATIONS • PHOTOGRAPHY

Please email director@ncpgaz.org if you are interested!

LET US find the dangers in your home **BEFORE** your child does!



- Childproofing
- Pool Fencing
- Pet Proofing
- Senior Safety

FAMILY HOME SAFETY EXPERTS

480.634.7366

www.azchildproofers.com



10% OFF

Materials Only Coupon Code: KD2013

VALLEYWIDE • LICENSED • BONDED • INSURED • ROC 269159 • ROC269160



please join us for
an open house

December 10
January 14

Open House Begins at 9 a.m.
RSVP at www.aseds.org

Educating Children
Head to Soul



All Faiths Welcome • Pre-K through Eighth Grade • Financial Aid Available

All Saints' Episcopal Day School

6300 North Central Avenue Phoenix, Arizona 85012

602.274.4866 www.aseds.org

Visit our Facebook page at www.facebook.com/PhoenixASEDS

ready to plant some roots?

As a **MOM** and **HOMEOWNER**, I know how making a lifetime of memories firmly rooted in tradition can enrich our lives. And as a **REALTOR**, I know how to help guide you through the real estate process, so that you spend more time making those memories than worrying about them.

Whether you want to find your family's next home, sell your current one, or both, let's talk soon.



Laryn Callaway
REALTOR



The MacLean Team

WE ARE THE NEIGHBORHOOD

Buy. Sell. Lease.



480.519.2556 • laryn@AreaSuccess.com • www.AreaSuccess.com



Valley Holiday Activities

Christmas at the Princess (Nov 20-Jan 4). Four-story musical tree, skating rink, train, lights, Nativity Garden light show, carousel and photos with Santa. scottsdaleprincess.com

CitySkate Ice Rink (through Jan 5). Frozen rink, holiday lights, music and hot chocolate for sale. cityscapephx.com

ZooLights (through Jan 11). 3.8 million lights, 700 unique animal light sculptures. phoenixzoo.org

Las Noches de las Luminarias (pictured below!)
(Nov 28-29, Dec 5-6, 12-13, 19-23 & 26-30). Thousands of hand-lit luminarias, food, live entertainment and holiday shopping. dbg.org

Mesa Temple Christmas Lights (through Dec 31). Hundreds of thousands of lights, nativity scene, live entertainment and visitors' center. mesachristmaslights.com

Nightly Snowfall (through Dec 24). Out of thin air, fluffy white flakes will float down from the sky. Westgate Entertainment District, Glendale (westgateaz.com), Desert Ridge Marketplace (shopdesertridge.com) and Tempe Marketplace, Tempe (tempemarketplace.com).

Holiday Story Time & Activities (Dec 10 & 17) Stories with some favorite characters, hot chocolate, cookies and more. shopdesertridge.com

Season of Fun (through Dec 31). PaintScaping where 3-D images and animations set to holiday music are projected onto the buildings; Holiday Family FunFest includes visits with Santa, holiday craft-making, cooking decorating, games, face painting, train ride, magic shows, holiday character appearances and live entertainment. specials.kierlandresort.com

Holiday Event (Sat Dec 6 & 13). Horse-drawn carriage rides, photos with Santa, ice skating, carolers, cookie decorating and more. scottsdalepromenade.com

A Christmas Carol: The Musical (Thurs-Sun Dec 5-21). Musical adaptation of the classic tale by Charles Dickens. fhtaz.org

A Winnie-the-Pooh Christmas Tail (Dec 5-23). Holiday musical featuring Pooh, Eeyore, Tigger, Roo and the gang from the beloved children's stories. vyt.com

Elf the Musical (Dec 2-3). Tale of Buddy, a young orphan child who mistakenly believes he is an elf. mesaartscenter.com

Snow Queen (Sat-Sun Dec 6-21). The Hans Christian Andersen fairy tale performed by Center Dance Ensemble. herbergertheater.org

The North Pole Experience (Nov 21-Dec 27). Take the Candy Cane/Snowball Express to Santa's Workshop where you can assist the elves in toy making, tour the factory, get treats from the bakery and take photos with Santa. northpoleexperience.com

The Polar Express (Nov 7-Jan 3). Magical train ride based on the Chris Van Allsburg classic. thetrain.com

Teddy Bear Tea at the Ritz Carlton (Fri-Sun Nov 29-Dec 14). Little ladies and gentleman will enjoy their tea along with finger sandwiches, pastries and hot chocolate with marshmallows.

Breakfast With Santa at the Phoenician (Dec 13). Enjoy breakfast with Santa and cookie decorating with our pastry team. A photo is included for each child as they visit with Old Saint Nick.

Roaming Santa at the Phoenician (Dec 20). Meet Santa in the Main Lobby for photos and tell him what you're wishing for. A mailbox will be available to send him a special note to the North Pole.

McCormick-Stillman Railroad Park Holiday Lights (Dec 12-Jan. 3). Take a train ride through many festive holiday lights and displays turning the Railroad Park into a winter wonderland. therailroadpark.com/events



Is your child sick but your doctor's office closed? ★

- 5:00pm to 5:00am, Every Night
- Newborns thru 18-year-olds
- Every child seen by a Pediatrician
- X-Ray & Lab Services on-site
- Most insurance and all AHCCCS accepted
- Discounts for cash payment
- No appointment necessary

CENTRAL PHOENIX — 602-412-4033
3600 N. 3rd Avenue

NW VALLEY, PEORIA — 623-241-9026
8801 W. Union Hills Drive

WEST VALLEY, AVONDALE — 623-643-9233
10320 W. McDowell Road, Bldg. L

SOUTH MTN, PHOENIX — 602-824-4228
325 E. Baseline Road

EAST VALLEY, GILBERT — 480-813-9600
861 N. Higley Road, NEW LOCATION



602-467-0100 • GoodNightPeds.com



MUSIC TOGETHER®
MUSIC TOGETHER IN PHOENIX


**Music & Movement for Infants to age 7,
& the Grownups Who Love Them!**



Make beautiful music together!


8 locations in Phoenix & Peoria
(602) 363-8202 ♥ MusicTogetherInPhx.com

Your peaceful path to health



ilumina

Acupuncture in Scottsdale focused on fertility, pregnancy, women's health, as well as pain, sports injury, and auto-immune disorders. Licensed practitioners with more than 40 years experience.



ilumina Healing Sanctuary
7520 East Camelback Road
Scottsdale, Arizona 85251

iluminahealing.com
602.957.2602



Celebrate the holidays with Whisked Away Cooking School!

Whisked Away offers already scheduled cooking classes as well as private cooking classes during the holidays and all year long!

- * Holiday Treats Exchange
- * Girl's Night Out
- * Date Night
- * Holiday Parties
- * Team Builders
- * Bridal Showers
- * And more!



Call or e-mail today to schedule your class!

Gift Certificates Available Online!

www.whiskedaway.net * 480-330-6525 * info@whiskedaway.net



Hubbard
Family Swim School

HUBBARDSWIM.COM
602.971.4044



Our swim programs are internationally-recognized - Stop in and find out why!

SPLASH, PLAY & LEARN! **FREE BABY SPLASH** 8 wks - 5 mos
LITTLE SNAPPERS 6 mos - 35 mos **GROUP LESSONS** 3 yrs - 12 yrs



THE ONLY ONES WHO WILL HAVE MORE FUN THAN YOU
ARE YOUR KIDS.

FOR MORE THAN 115 YEARS, the Phoenix Country Club has been creating enduring family memories in the heart of the city. In this spectacular oasis from the every day, kids can have the time of their lives just being kids. They'll love spending their days playing or taking golf, tennis and swim lessons from our outstanding instructors. And while the kids are off enjoying themselves, parents can work out, have a rejuvenating spa treatment or just relax by the pool. At the Phoenix Country Club, there are no hidden fees or mandatory monthly fees beyond the dues, creating a convenient and affordable family membership. Phoenix Country Club is a private club and membership is accepted through sponsorship by current members. Please contact Colette Bunch to inquire about introductions and the membership process.

MEMBERSHIPS AVAILABLE NOW.

Colette Bunch

602.636.9823 or cbunch@phoenixcountryclub.com

FOR MORE INFORMATION: PHOENIXCOUNTRYCLUB.COM



PHOENIX COUNTRY CLUB
SEVENTH STREET & THOMAS ROAD



NCPG Mom to Meet

Meredith Rhoda Christensen

Spouse: Mitch Christensen

Child: Caroline Ryan Christensen, 1 year old
Born 11-13-13

Born, Raised & Lived: Born and Raised in Nashville, Tennessee, Lived in Tucson for college (Bear Down!) and Phoenix since 2006

City & years married: Married in Downtown Nashville, 11-19-11 —> married for 3 years

Career or previous career: Education and Volunteer Manager at Homeward Bound, a local non-profit which provides housing and comprehensive social services to families fleeing domestic violence and homelessness

5 words to describe yourself: Southern, hardworking, happy, social, loving

Favorite vacation spot: Lake Tahoe (summer or winter) and Deer Valley

Favorite adult spot to dine in town: North Italiana and Postino in Arcadia

Favorite children's book to read: Very Hungry Caterpillar, Little Blue Truck, Good Night Moon and Ten Little Ladybugs

Favorite family hangout: LGO, Civic Center, Biltmore Fashion Park and Biltmore Resort & Spa, Chaparral Dog Park

Rules to mother by: Keep Calm(ish) and Carry On!

Most meaningful mom moment: Hard to say - too many!! The moment when Caroline first smiled and laughed - still makes me emotional.

Best mothering advice given to you: You are your babies best and most important advocate!!

Who introduced you to NCPG? My sisters-in-law, Carlie Garcia and Kyle Christensen

Best thing learned in NCPG? You are not alone — motherhood is the most amazing but challenging thing you will ever do!!! AND good sleep training will last a life time (thank you Monique).

Events Calendar



Open House

Wednesday, January 21 at 9 a.m.

Invite your friends to the NCPG 2015 Open House! Guests can learn what NCPG is all about by joining us for breakfast and sitting in on a free class.

Tuition for those who join in January is discounted to \$125. Watch for fliers to share with friends at the first class in January. Send prospective invites to membership@ncpgaz.org.

Save the Date: NCPG's Spring Family Event

benefitting Wiggled Out Inc.

Saturday, March 21, 2015

10 a.m. to 12 p.m.

All Saints Episcopal Day School

NCPG 30th Anniversary "Prom Night" Celebration and Fundraiser

Saturday, February 21, 2015

Phoenix Country Club

Bust out the Aquanet... It's 80s Prom Night!

Register today to attend NCPG 30th Anniversary "80s Prom Night" Celebration and Fundraiser

Awesome food, hella good music, and the raddest silent action. Like totally!

Be sure to get dressed up with your date to celebrate 30 years of NCPG. Ya know?

NCPG members, alumni, sponsors and friends are invited to attend.

\$180 per couple or \$100 individual for food, dancing, and open bar. Buy tickets at NCPGAZ.org/prom.



Silent Auction Help!

In addition to attending the 30th Anniversary Celebration and Fundraiser, you can help us find great items for the silent auction. If you have any connections with businesses that may be interested in donating to our silent auction, please let us know! We are looking for gift certificates, gift baskets, private lessons, stay-cations, vacations and everything in between!

Please grab us at the next class or email fund-raising@ncpgaz.org with any questions and/or ideas to help make this year's event a night to remember! We would love to hear from you!

Silent Auction Co-Chairs: Sara Snyder & Sarah Wolfswinkel
Email: fundraising@ncpgaz.org





New Arrivals!



**Charles "Charlie"
George Ragland**

August 29, 2014

Weight: 7lbs 13oz

Height: 21 inches

Welcomed by Scott, Sarah
and big brother Hank



Jayde Akiko Thimsen

September 1, 2014

Weight: 7lbs 6oz

Welcomed by George, Natalie
and big sister Gia



Grayson Fraser Strange

October 9, 2014

Weight: 6lb 13oz

Height: 19 inches

Welcomed by
Jeffrey and Erica



**Henry "Hank"
James Keating**

October 28, 2014

Weight: 9lbs 2oz

Height: 21 inches

Welcomed by Jim, Caroline
and big brother Jack.



Owen Hadley Pratte

November 3, 2014

Weight: 7lbs 10oz

Height: 20.5 inches

Welcomed by
Justin and Jordan Pratte



**George Thomas
Butterfield**

November 11, 2014

Weight: 7lbs 2oz

Height: 21 inches

Welcomed by Steven, Mary
and big sister Joey



MEMBER FAIRE



MARGI SAUCIER

**Ava Rose Designs,
Personal Stylist**

Ava Rose Designs (www.avarosedesigns.com) is an up and coming brand here in the US. The brand is timeless, yet on-trend preppy with a splash of bohemian chic. Perfect for a busy stylish Mom!

602-614-2914, marcisaucier@avarosedesigns.com



EMILY HELM

HomeSmart

I do more than just sell Real Estate. I am committed to helping Buyers find their perfect home and helping Sellers get the most money for their home.

602-697-3747, emilysrealestate@gmail.com

SARA SNYDER



PhotoSweep is a mobile photo application for receiving printed versions of photos taken from your smart phone.

With PhotoSweep you can... receive prints of your photos on a regular basis, customized to your preferences (once a week, once a month, every 3 days, etc.), send your selected photos automatically without a checkout process (think Uber!), add Location, Date, and Message (40 characters) to the back of photos, and send additional copies of photos directly to other recipients (friends, family, etc.) in the same order. We love this for grandparents as well as thank you's to friends/hosts! The app is free and use promo code **NCPG10** to order your first 10 prints on us!

**info@photosweep.com, www.photosweep.com
www.facebook.com/Photosweep**



BRITTANY MORAN

**Mary Kay Independent
Beauty Consultant**

I specialize in creating specialized skincare solutions, customizing glamour looks and providing application tips, and offering year-round gift services. I pride myself on my attention to detail and superior customer service.

www.marykay.com/bmoran29



LINDSAY BAUMHEFNER

**Residential Realtor,
Russ Lyon International Realty**

I am a 2nd generation native of the Valley. Please call me with your residential real estate needs, whether buying or selling. I would love to help you find the perfect place to call home that fits your family's lifestyle needs.

**602-370-1171, indsay.baumhefner@russlyon.com
LindsayBaumhefner.com**



ERICA STRANGE

Cakes By Strange

A small business run by a culinary graduate who specializes in wedding and birthday cakes, cupcakes and cookies.

ericastrange@hotmail.com



AUGUST COLOSIMO

August M. Colosimo, PLLC

As a Phoenix native and Associate Broker with HomeSmart Real Estate, I have successfully assisted buyers and sellers with their transactions all over the Valley for more than a decade. Whether you are buying or selling, contact me and see what a positive difference I can make in your next residential real estate transaction.

august@augustforhomes.com



ANGELA ELL ISACKSEN

**Savvy Styled Sessions
& Events** offers styling
services for children's
birthday parties & styled
photo sessions for children

& families. Follow SSS&E on Facebook, Pinterest & Instagram!

aeisacksen22@gmail.com

www.savvystyledsessionsandevents.blogspot.com



KRISTIN EDWARDS

Realtor-Russ Lyon Sotheby's

I work with Buyers & Sellers in the
Arcadia, Scottsdale, & North Central
Phoenix Areas.

Kristin.edwards@russlyon.com ,480-678-1178



SHALY VASSIGH

**Back-Health Chiropractic
& Inner Radiance Spa**

Wellness Center and Organic Spa
offering chiropractic care for the
whole family, acupuncture, food

sensitivity testing, organic facials, massage, dermaplaning,
microdermabrasion, waxing, and threading.

www.innerradiancespa.com, www.backhealthaz.com
602-956-8222



LAURIE BALL

Kidtastics

Kidtastics provides different activities
through out the Phoenix valley to help
build children's self-esteem and con-
fidence all while having a great time.

Programs include: gymnastics (8mosr-12yrs), dance (3yrs-
10yrs), cheerleading (5yrs-10yrs), PE (2yrs-10yrs), at home
swimming lessons (6mos-adults), lifeguard services, parties,
and more!

www.kidtastics.com, 480-994-KIDS (5437)

LONNI ABROMOVITZ



The Logo Spot is a promo boutique specializing in CUSTOM
SWAG for special events, brand launches, client gifts, trade-
show giveaways and all other promotional needs. Our product
selection includes everything from swagbags, gift baskets,
apparel, pens, notepads, coffee mugs, techie-gadgets,
eco-friendly products, sweets & treats and more... all creatively
customized with a company logo or message.

www.TheLogoSpot.com



ALLISON SOMMERHALTER MIKES

HomeSmart Elite Group

I am a residential real estate Broker
that works with both Buyers and

Sellers across the Valley. With over 12 years experience in the
field, I have extensive knowledge in a variety of areas includ-
ing new and resale properties, luxury custom home building,
remodeling/renovation & land acquisition & development.

allison@allisonphx.com



DEBBIE PONTIKAS

The SRL Group

I am a residential real estate agent in
Phoenix, with an MBA and over 10
years of experience in real estate
marketing. I work with a team that

has over 20 years of experience in selling residential and
commercial real estate here in Phoenix.

debbie@thesrlgroup.com

MEMBER
FAIRE

Holiday Avocado & Cranberry Appetizer Dip

<http://thediva-dish.com/uncategorized/cranberry-avocado-dip-salsa/>

It's Red! It's Green! It's Yummy!

Ingredients:

- 2 avocados (large, use 3 if small)
- 3/4 chopped cranberries (not finely chopped)
- 2 T honey
- 1/4 cup red onion chopped fine
- 1/2 jalapeño chopped fine
- 2 T chopped cilantro
- 1 T lime juice

Directions:

1. In a food processor, pulse the cranberries a few times until roughly chopped.
2. Remove cranberries and place in a large bowl.
3. In the same food processor add the cilantro, halved jalapeño, and red onion that has been cut into chunks.
4. Pulse for a few times until roughly chopped.
5. Add to the cranberries.
6. Then add in the diced avocado chunks.
7. In a small bowl whisk together lime juice and honey until combined. Pour over salsa, and liberally add salt and pepper on top.
8. Fold ingredients together, and serve with chips!



Frozen Olaf Cup Craft

<http://jdaniel4smom.com/2014/06/frozen-olaf-cup-craft-kids.html>



Supplies:

- Styrofoam cups (two)
- Black & White felt
- Orange construction paper
- Black pipe cleaner
- Glue Stick
- Scissors

Directions:

1. Make the eyes & mouth using the black and white felt.
2. Make Olaf's nose using the orange construction paper.
3. Glue the eyes and nose on the top cup & the mouth on the bottom cup.
4. Cut the black pipe cleaner into fourths and poke a hole in the top of the cup to create Olaf's hair.

Note:

You may glue the cups together, but you can keep them separate for easy stacking, storing and traveling!

Let it Snow. Let it Snow. Let it Snow!

Here are some fun places to play in the snow:

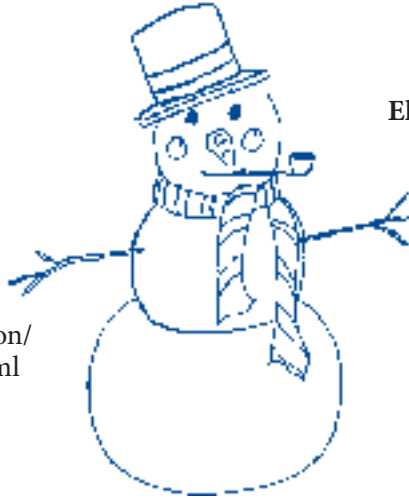
Flagstaff and Coconino Forest
www.flagstaffarizona.org

Arizona Snowbowl
www.arizonasnowbowl.com

Sunrise Park Resort
www.sunriseskipark.com

Crowley Pit Snow Play
www.fs.fed.us/r3/coconino/recreation/peaks/winter-rec-opportunities.shtml

Wing Mountain Snow Play
www.snowplayaz.com



Mt. Lemmon Ski Valley
www.skithelennon.com

Elk Ridge Ski and Outdoor Recreation
www.elkridgeski.com

Flagstaff Nordic Center
www.flagstaffnordiccenter.com

Hannagan Meadow Lodge
www.hannaganmeadow.com

Mormon Lake Lodge
www.mormonlakelodge.com



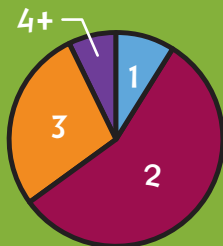
Mom's Night Out!



The Kindergarten class enjoyed a mom's night out at Forge at Union Shops.

NCPG Member Poll

I want to have Kids:



One: 9%
Two: 56%
Three: 28%
Four or more: 7%

Favorite mom moments:

"The times I forget my 'to do' list and just play with my kids"

"Our son screaming, 'This is the best day ever!'"

"The cards my son makes for me for my birthday."

"When my twins make each other laugh, on purpose!"

"The first hug!"

"When my son tells me I'm the 'best mudder in the whole world.'"

ENROLLING NOW FOR 2014-2015



CROSS ROADS
Preschool and Kindergarten
.....
A Great Beginning

Space is Limited
Call for Class Availability

School Tours Upon Request
Director – Annemarie Mansour
Admissions – Kim Whetstone

Discover why CROSS ROADS PSK has successfully provided "A Great Beginning" for Phoenix families for nearly 50 years.

CLASSES

MOM & TOT
MINIs: 2, 3 or 5 day
THREES: 2, 3 or 5 day
FOURs/PRE-K: 3, 4 or 5 day
KINDERGARTEN: 5 day

CLASSES INCLUDE

Standard 4-Hour Day (9am-1pm)
Nutritious Snack Served Daily
Lunchtime with the Teachers Daily
Music, Spanish and A.C.T.I.V.E.
Fun-Filled Traditions

CRPSK...where children learn to love school, while mastering the age-appropriate concepts and skills needed for future success!



EST. 1965

7901 N Central Avenue, Phoenix 85020-4027
602.371.0741 • www.crossroadspsk.com



COFFEE & COCOA
OPEN HOUSE
Wednesday, January 28 • 9:00-11:00am



**SAINT THOMAS
THE APOSTLE**
ROMAN CATHOLIC SCHOOL

DISCOVER OUR PRE-K,
KINDERGARTEN &
FIRST GRADE PROGRAMS

Parents and Children are invited to:

- Meet the Faculty
- Ask Questions
- Make New Friends
- Learn About Our Academic, Spiritual, and Differentiated Learning Curriculum
- See how faith and service inspires community responsibility and leadership
- Experience the multidisciplinary education students receive to meet the expectations of the 21st century

A premier school in the valley since 1953, STA is dedicated to the academic success of all students.

Call to reserve your space at the Open House or to schedule a tour. We look forward to meeting you!



602.954.9088 • www.staphx.org • 4510 N 24th Street, Phoenix 85016

Learn. Play. Grow.



Contact us for a private tour!



PVUMC Preschool

Proud supporter of North Central Parenting Group

Paradise Valley United Methodist Church Preschool
4455 East Lincoln Drive, Paradise Valley, AZ 85253



602.840.8265
pvumcpreschool.org



Turning Patients Into Parents

now in our 25th year



Fertility
Treatment Center

480.831.2445



H. RANDALL CRAIG, M.D. FACOG



MILLIE BEHERA, M.D. FACOG, FRCPSC



For the past 19 years

BOARD CERTIFIED IN REPRODUCTIVE ENDOCRINOLOGY

Successfully treating infertility includes a combination of technology, experience and the ability to listen to our patients needs. Our practice integrates cutting edge technology and personalized, compassionate care to achieve the goal of a happy, healthy, pregnancy.

TEMPE | SCOTTSDALE

www.fertilitytreatmentcenter.com

Thank You to Our 2014-2015 Sponsors

PLATINUM SPONSORS



GOLD SPONSORS



SILVER SPONSORS



BRONZE SPONSORS



Need some YOU time?

Inner Radiance Spa and Back-Health Chiropractic, an eco-friendly organic spa and wellness center owned by NCPG mom Shaly Vassigh and her husband, is offering an Organic Spa Day Package just for NCPG Moms! **For \$99, our members can get a 60 minute Massage and a 60 minute Organic Facial (\$160 value).** Schedule on your own, with a friend, or as a Mom's Day Out with your class!

Complimentary refreshments and gift bags provided with a group of 6 or more. Call **602-956-8222** to schedule or visit **www.innerradiancespa.com** for spa menu and mention NCPG Mom's Package when booking. Located in the Biltmore/Arcadia area.

NCPG thanks Inner Radiance Spa for providing this wonderful opportunity for our members, and for being a sponsor!